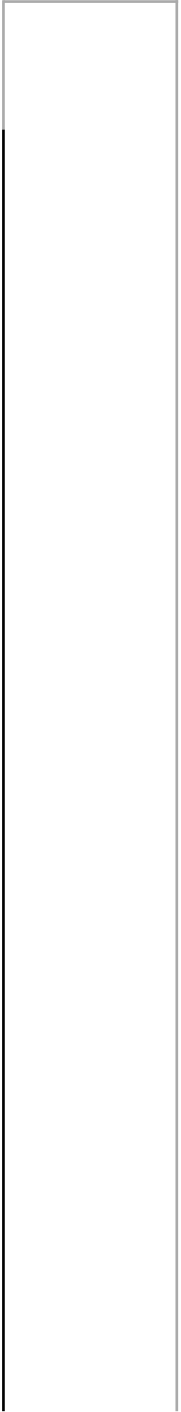

DISHES AT LOVE TO EAT	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
THE LOVE TO EAT		wheat		x			x						x	x
THE FULL MONTY		wheat		x			x						x	x
THE JUMBO		wheat		x			x							x
THE BRUNCH		wheat		x			x						x	x
THE VEGGIE		wheat		x			x						x	
EGGS ON TOAST		wheat		x			x						x	
EGGS BENEDICT		wheat		x			x				x		x	
EGGS FLORENTINE		wheat		x			x				x		x	
EGGS ROYALE		wheat		x	x		x				x		x	
SCOTCH PANCAKES:		wheat		x			x							
BACON/ SYRUP														
FRUIT														
PORRIDGE		oat					x			x		x		
BREAKFAST BAGEL		wheat		x			x						x	x
CROISSANT		wheat		x			x							
PAIN AU CHOCOLAT		wheat		x			x						x	
PAIN AUX RAISIN		wheat		x			x							
BREAKFAST WAFFLE		wheat		x			x						x	
GARLIC MUSHROOMS		wheat		x			x		x	x				
WELSH RAREBIT:	x	wheat		x	x		x		x					x
BACON														
GARLIC MUSHROOMS				x			x		x	x				x
OMELETTE	x			x	x		x		x					
LOADED FRIES							x							
JACKET POTATOES:														
BUTTER	x			x			x		x			x		x
CHEESE	x			x	x		x		x			x		x

COLESLAW	x			x	x		x		x			x		x
TUNA MAYONNAISE	x			x	x		x		x			x		x
PRAWN MARIE ROSE	x		x	x	x		x		x			x		x
BEANS														
CAESAR SALAD		wheat		x			x					x	x	
PLOUGHMANS	x	wheat		x			x			x		x	x	x
FISH PLATTER	x	wheat		x	x		x			x		x	x	
FISH AND CHIPS		wheat		x	x		x						x	
BEEF LASAGNE	x	wheat		x			x						x	
VEG LASAGNE	x	wheat		x			x						x	
STEAK PIE	x	wheat		x			x						x	
HAM AND EGGS	x	wheat		x									x	
SCAMPI AND CHIPS	x	wheat	x	x	x		x						x	x
FRIED CHICKEN IN A BASKET	x	wheat		x									x	
BURGERS														
CLASSIC BURGER	x	wheat		x									x	x
WILD WEST	x	wheat		x			x						x	x
VEGGIE	x	wheat		x			x						x	x
CHIPS													x	
ONION RINGS		wheat												
GARLIC BREAD		wheat					x						x	
MIXED SALAD														
COLESLAW	x			x			x							
SANDWICHES:														
HAM AND TOMATO	x	wheat		x			x						x	x
HAM AND CHEESE	x	wheat		x			x						x	x
CHEESE AND ONION	x	wheat		x			x						x	x
CHEESE AND PICKLE	x	wheat		x			x						x	x
TUNA + CUCUMBER	x	wheat		x			x						x	x

PRAWN MARIE ROSE	x	wheat	x	x			x						x	x
EGG MAYONNAISE	x	wheat		x			x						x	x
BACON, BRIE, CRAN.	x	wheat		x			x						x	x
TUNA MELT	x	wheat		x			x						x	x
BLT	x	wheat		x			x						x	x
LOVE TO EAT CLUB	x	wheat		x			x						x	x
PLOUGHMANS	x	wheat		x			x				x		x	x
SOUP * varies	x						x							
SOUP AND ROLL	x	wheat					x						x	
SOUP + SANDWICH	x	wheat		x			x						x	
CREAM TEA		wheat		x			x							x
TOASTED TEACAKES		wheat												
CRUMPETS		wheat												
WELSHCAKES		wheat		x			x							
BARABRITH		wheat		x										
FRUIT SCONE		wheat		x			x							
PLAIN SCONE		wheat		x			x							
CHERRY SCONE		wheat		x			x							
TINY TOTS:														
SEE SANDWICHES														
BRUNCH		wheat		x									x	
CHICKEN NUGGETS		wheat												
FISH FINGERS		wheat				x								
CAKES:														
VICTORIA SPONGE		wheat		x			x							
COFFEE + WALNUT		wheat		x			x			walnut				
CHOCOLATE FUDGE		wheat		x			x							
BAKEWELL TART		wheat		x			x			almond				x

LEMON DRIZZLE		wheat		x			x							x
CARROT CAKE		wheat		x			x			walnut				
CUPCAKES		wheat		x			x						x	
FLAPJACK		oat					x							
MILLIONAIRE		wheat					x							
SHORTBREAD		wheat					x							
LIME & COURGETTE				x			x						x	
BROWNIE		gluten		x			x			nuts				



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